Visual Prayer

"Grow, Grow"
by Gloria Cooper

a tiny selection
of the Interfaith Artist Circle's
Visual Prayer Project

Growing

Inspired by the Talmud. The translation of the Hebrew is:

Every blade of grass has its own Angel that bends over it and whispers, "grow, grow."

May we grow like grass, persistent and green.

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download the free pdf to make more
at RegulaRusselle.com

What images and words speak to your condition?
How do you visualize prayer?

Maybe you will add a prayer to this page. Or maybe you feel moved to make your own zine to keep or to share.
For instructions, simply search for *How to make an 8-page Zine* on the web.

Yearning

Remembrance

"... May you always do for others and let others do for you ..."

–Bob Dylan

May we sing with a joyful heart.

Yearning

Fulfillment

"Evening, morning, and noontime,
I speak and moan,
and Adonai hearkened to my Voice."

– Psalm 55:18

May we be heard, seen, and renewed.

"I am heard" by Sandra Brick

Discover the entire body of work by the 19 women in the Interfaith Artist Circle Interfaithartistcircle.com

With gratitude to all—your prayers speak to my condition.

Regula, the zine maker