# CONNECTING with OTHERS

find a TRANSITION TOWN* group
nearby: www.TransitionUS.org
or join a local 350.org group

collaborate with kindred spirits
in your faith community, zen
center, environmental or
civic association

start your own friendly
circle of practitioners

* TRANSITION TOWNS
work toward a
positive, local
response to
climate
change

... or do you do your
best work alone?
We love that, too!

When we
work together
we create
our own
safety net.
SU LOVE

You are not alone!

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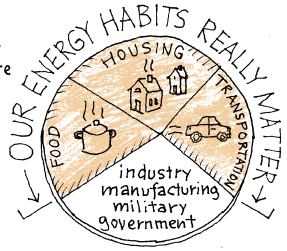
# FACTS & PRACTICE . . . . . an INVITATION to EMBRACE 1 PRACTICE or 2 (or more)

* Europeans use only one-half as much energy as we do
* in the US about 2/3 of our energy use is under individual control

The pie chart is approximate, but you get the picture

SOURCE: Pat Murphy's PLAN C (2009)

This book changed OUR LIVES



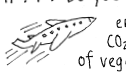

TRIED & TRUE EXAMPLES:

* trimming meat from meals
* wasting little food
* riding the bus or a bicycle
* skipping airplane travel
* bundling up inside in winter
* reaching for handtools in home + yard

. . . . etc. . . . . etc. . . . . .

$CO_2$ Footprint . . . Do you know?

1 round trip flight from the Twin Cities to Orlando, Florida



emits as much $CO_2$ as 30 weeks of vegetarian meals

In the Art of Intentional LIVING to reduce global climate change . . .
. . . small steps HELP MAKE a WORLD of DIFFERENCE

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The real work of planet saving
will be small, humble, and humbling
and (insofar as it involves love)
pleasing and rewarding.

WENDELL BERRY

# Testimonials

"Trying to keep a "no waste" refrigerator is a bit like eating Kosher or observing Lent . . . It's a daily reminder of the spiritual connection that unites us all."

"We drive less and shop locally. Now life is more serene and we see our neighbors more often, too."

"I don't fly any more, except in emergencies. Phone conversations and zoom meetings keep me sweetly connected."

"We down-sized and find life more simple and enjoyable."

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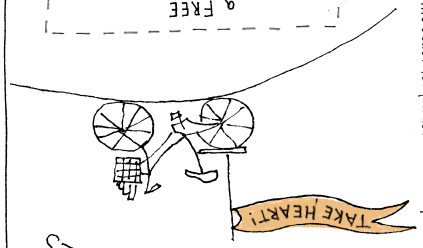
smaller FOOTPRINT,
stronger COMMUNITY

# * HABITS of the HEART

a primer for EMBRACING lifestyle PRACTICES




a FREE
Earth Care Zine

* HABITS of the HEART – thank you de Tocqueville, Robert Bella, and others for the beautiful phrase and concept

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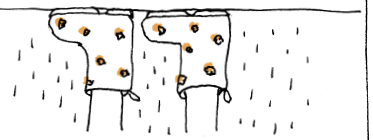
*Don't let your sorrow come higher than your lenses*
SWEDISH PROVERB*



* Swedish Proverb from Lisa Congdon's Fortune Favors the Brave (2015)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